

Upper Endoscopy Requirements

Please report to the <u>Central Registration Department</u> located on the main floor of Cambridge Memorial Hospital.

If your procedure is in the morning:

Do not eat or drink anything starting at midnight the night before your procedure.

If your procedure is in the afternoon:

Do not eat or drink anything from midnight the night before, aside from one 8oz glass of clear liquid between midnight and six hours before your scheduled procedure time.

After that take absolutely nothing by mouth.

You will not be able to drive yourself home. Please make arrangements for someone to accompany you the day of your procedure.